



Davie County Senior Lunchbox Activity Calendar

Weeks of July 1st to July 8th



	MONDAY		TUESDAY		WEDNESDAY		THURSDAY	1	FRIDAY
	Lunch Choices Monday Thru Friday Hot Lunch Tues, Wed, & Thurs Hot Lunch Or Chef Salad		Remember To Call The Day Before To Reserve Meal 		If You Have Ideas Or Suggestions For Lunch Programs Please let Stacey Or Louise Know 				July 4th Craft  POPSICLE STICK STARS The Crazy Craft Lady Susan Connors
4	MONDAY	5	TUESDAY	6	WEDNESDAY	7	THURSDAY	8	FRIDAY
	Independence Day Closed 		Blood Pressure Checks  Linda Felts				Celebrate July Birthdays  Happy Birthday		Let's Play! Cornhole 

*All activities are open to any senior, and are held in the Nutrition Site of the Bobby H. Knight Davie County Senior Services Building at **10 am** unless otherwise specified. Call 753-6230 for more information. For transportation call 751-2187. Anyone who wishes to stay for lunch must call 753-6230 by 12:00pm the day before to reserve your meal.



Davie County Senior Lunchbox Activity Calendar

Weeks of July 11th To July 22nd



11	MONDAY	12	TUESDAY	13	WEDNESDAY	14	THURSDAY	15	FRIDAY
 Share a Recipe		Signs Of A Heart Attack  Atrium Health						Cupcake Decoration Contest 	
18	MONDAY	19	TUESDAY	20	WEDNESDAY	21	THURSDAY	22	FRIDAY
Food Safety Video 		Special Guest 				Bring A Photo  Contest		Chair Volleyball 	

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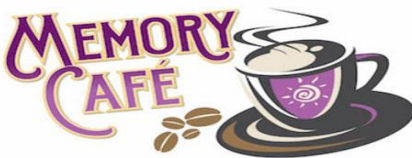

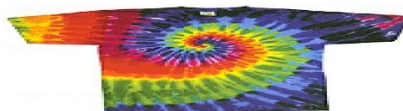





Davie County Senior Lunchbox Activity Calendar Week of July 27th to 30th



25	MONDAY	26	TUESDAY	27	WEDNESDAY	28	THURSDAY	29	FRIDAY
Food Borne Illness Video 		Make A Sugar Scrub 				Worksheet Activity Of Your Choice 		Chair Volleyball 	

Senior Center Activities for July 2022

Crocheting - NEW! July 6 - Sept 28 Wed 9 - 11am 		Memory Café July 7 @ 2pm 		Senior Writing July 7 @ 2pm 		Farmers Market Voucher Issuance July 7 & 12 - 2-4pm 		Crafternoon July 8 @ 2pm Library 	
Coffee & Caregiving July 12 & 26 10:00 AM 		Got Plans? July 13 @ 1pm 		Papercrafting Extravaganza July 13 @ 1pm 		Matter Of Balance July 13 to Sept 7 2-4 pm 		Red, White, & Blue Party July 14 @ 2 	

Senior Center Activities for July 2022 (continued)

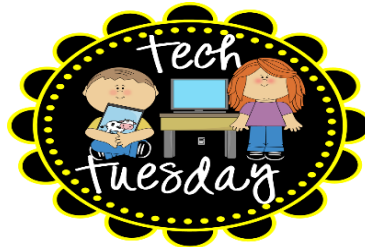
Monthly Movie

July 18 @ 1pm



Tech Tuesday

July 19 @ 10am



Grands Cornhole

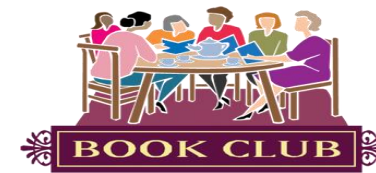
July 20 @ 1pm



Senior Book Club

July 21

Library 12:30 - 2pm



Bingo

July 21 @ 1 pm



What's Cooking: Foods, Fads, & Helpful Home Hacks

July 25 @ 1pm



Veteran's Social

July 26 @ 1pm



Theatre Club

July 26 @ 1pm



Good Health Club

July 28 @ 1pm

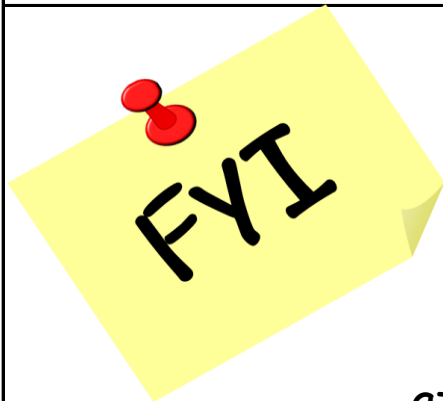
Healthy Choices



Call to Reserve Your Spot

At Least 1 Week
Before The Event

336-753-6230



All Senior Center Activities are open to adults 55 and older.

Advance reservations are required for all events.

Lunch is available to anyone 60 and older at no cost to the participant upon completion of paperwork. You must call to reserve your lunch or reserve at Senior Services no later than noon the day before you wish to eat.

On Tues., Wed., and Thurs. participants have the option of a hot lunch or chef salad meal.